



Sex and Relationships Education Policy

Costessey Primary School

Policy Consultation & Review

This policy is available on the School Website and is available on request from the school office.

This policy will be reviewed in full by the School Advisory and Improvement Group on an annual basis.

This policy was last reviewed and agreed by the School Advisory and Improvement Group on 8.9.17. It is due for review on Sept 2018.

Signature *H Lawson*

Principal

Date: 8.12.17

Signature

SAIG Member

Date: 8.12.17

AIMS

SRE is embedded in the PSHE curriculum and aims to help children develop:

- Self esteem and self awareness.
- The skills needed for successful relationships.
- A beneficial attitude towards difference and diversity.
- An understanding of their own and other' rights.
- Emotional literacy.
- The ability and confidence to make informed choices
- The ability to keep themselves and other people safe by minimising risk from harm.
- An understanding of their own and others' attitudes, values and beliefs and an individualmoral framework that will help them to make positive decisions.
- A discerning eye for the messages they receive from the media.
- A positive attitude towards their body and sexuality.
- The ability to access help and support.
- SRE gives pupils accurate information about sex and relationships, allows pupils the opportunities to develop life skills and a moral framework that aims to enable them to make positive use of that information.

Why should SRE be taught?

In a world where children receive information about sex and relationships from a variety of sources, many of which are inaccurate or 'unhealthy', SRE aims to counterbalance these messages by providing accurate information as part of a supportive programme.

SRE is about helping children to develop and maintain successful relationships, about providing them with information that will support them with the process of puberty and helping them understand issues relating to sex and reproduction. Junior SRE needs to happen at a time when many children start to experience puberty and show an increased awareness of matters relating to the body and sex.

SRE is about demonstrating to children that matters relating to the body and sex can be spoken about in a sensitive and positive way. This helps children feel more comfortable communicating about these matters. This therefore will undoubtedly increase the likelihood of them behaving responsibly in any sexual relationship they go on to have.

How was the curriculum decided?

- a needs assessment was carried out (and is repeated annually)
- pupils prior knowledge was investigated
- the SRE Policy development working party (Principal, PSHE Coordinator, Head of Pastoral Care) met to consider content
- consultation with staff, pupils, parents/carers, governors and external agencies took place.
- Local and national guidance was considered.
- Individual teachers, together with the Head of Pastoral Care discuss the needs of individuals and discuss the appropriateness of materials before delivery.
- Parents are consulted and meetings are held to discuss curriculum content. At this stage, parents are given the right to withdraw their child from these lessons.

What topics will be covered?

- Costessey Primary School follow an adapted version of the 'Teaching SRE with Confidence' scheme of work. Further details about each topic can be obtained from the class teacher or Mrs Butcher.
- Topics covered:
 - Reception – Our Day, Keeping Ourselves Clean; Families
 - Y1 – Keeping Clean; Growing and Changing; Families and Care
 - Y2 – Differences: Boys and Girls; Differences: Male and Female; Naming the Body Parts
 - Y3 – Differences: Male and Female; Personal Space; Family Differences
 - Y4 – Growing and Changing; What is Puberty?; Puberty Changes and Reproduction
 - Y5 – Talking about Puberty; Male and Female Changes; Puberty and Hygiene
 - Y6 – Puberty and Reproduction; Understanding Relationships; Conception and Pregnancy

How is SRE delivered?

SRE is:

- Delivered in PSHE lessons for each year group in the summer term.
- Delivered in both science and PSHE lessons
- SRE is delivered predominantly by the pupils' class teacher. (If a teacher in our school is extremely uncomfortable with the idea of teaching the biological aspects of SRE, we allow that teacher to opt out from doing so and another teacher (preferably known to the children) will deliver the programme instead. This is offered as an option because extreme discomfort with the topic is likely to impact on the quality of the delivery.)
- All pupils will learn the about both sexes however where possible opportunities will be made for pupils to discuss matters further in single sex groups or individually

How does our school keep parents/carers informed of the SRE programme?

- Before any year group embarks upon its SRE programme, parents/carers are informed by letter (which must be returned to acknowledge receipt), of their right to withdraw their child from SRE lessons and given an overview of the topics the child will be covering. Those parents/carers wishing to exercise this right are invited to discuss their objections and concerns and reflect on the impact withdrawal may have on the child. Once a child has been withdrawn they cannot take part in the SRE programme until the request for withdrawal has been removed.
- Materials are available to parents/carers who wish to supplement the school SRE programme or who wish to deliver SRE to their children at home. Parents/carers are also reminded that they can have a copy of the school's SRE Policy on request.

How will Costessey Primary School deal with sexually explicit questions?

- answer only those questions that relate directly to the agreed programme/lesson.
- make it clear, through ground rules, that nobody should ask personal questions
- be prepared to modify the programme if a certain question recurs (perhaps because of media coverage)
- use a question box (a box in the classroom that pupils can 'post' written questions). Decide whether or not this question box is anonymous. This box may also be used as a 'buffer' for teachers, if they feel they would like time to consider their answer to a specific question.
- allow individual staff to use their professional judgement as to answering questions in front of the whole class or individually
- encourage pupils to ask their parents/carers any question outside the planned programme.
- with the pupil's permission inform parents/carers about questions their child has asked.
- make provision for questions about sex, reproduction and puberty to be answered individually, as they arise, outside the planned programme.